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Fulbright University Vietnam – COVID-19 Safety Plan

Last updated: 17 Dec 2021

The health and safety of the Fulbright community is our highest priority. To minimize the transmission of COVID-19 amongst our community, anyone visiting the campus or living at the Student Residence must be fully vaccinated or be certified to have recovered from COVID-19.

A person is considered fully vaccinated 14 days after the second COVID-19 vaccine shot. The PC-COVID App will be used to verify vaccination status. A person is certified to have fully recovered from COVID-19 when they can present verification provided by the Peoples Committee of the Ward in which they reside.

This plan is regularly reviewed and updated to reflect the changing stages of the pandemic and health directions.

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COVID-19 Safety Protocols

At all times, students and staff must follow these safety protocols to minimize the spread of infection:

- Wear a face mask (3-ply mask such as a surgical mask, N95 mask, or better) at all times while on campus.
- Wash your hands frequently with soap and water. Use alcohol-based hand sanitiser when soap and water are not readily available.
- Cover your coughs and sneezes. Do not use your hands, instead use a tissue or your upper sleeve. Immediately throw the tissue in a bin and wash your hands.
- Avoid touching shared objects (light switches, handrails, door handles etc) as much as possible. If you must touch such objects, wash your hands or use sanitiser promptly afterwards. Ensure you do not touch your face.
- Clean and disinfect frequently touched surfaces each day, more often if you think they've been contaminated. Use normal cleaning supplies.
- Do not share food, drinks and personal items including mobile phones.
- Do not travel if you are sick.

Please do not come to campus in the following circumstances:

- You are experiencing common symptoms associated with COVID-19 such as: fever, cough, tiredness, chills, loss of taste or smell, shortness of breath, etc.
- Positive result from a COVID-19 test.
- Confirmed COVID-19 cases isolated and cared at your house.
- Being a close contact of a COVID-19 case (see definition of “close contact” below).
- Being quarantined as required by local governments to prevent the spread of virus.

Always practice the **5K's**:

1. Khẩu Trang - Mask
2. Khử Khuẩn - Sanitization
3. Khoảng Cách - Distance
4. Không Tập Trung - No Gathering
5. Khai Báo Y Tế - Health Declaration



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Student Access to Campus

- Only fully-vaccinated students (as evidenced on the PC-COVID App) and recovered F0's (with relevant documentation) are eligible to enter the campus.
- On entry to any area of the campus you will be required to scan the QR code using the PC-COVID app and show the verification, which includes vaccination status, to the security staff on duty.
- 5K measures must be strictly observed while on campus including wearing a mask *at all times*.
- Wherever you are on campus, classrooms included, maintain a distance of at least one (1) meter from other students, faculty, and staff.
- Reception, cleaners, and facilities staff will be on skeleton duty so please make allowances by looking after your own rubbish, turn off your own lights, etc. If there is a facilities-related issue please submit a **OneStop** ticket informing us of the issue.

Staff Access to Campus

- Only fully-vaccinated staff (as evidenced on the PC-COVID App) and recovered F0's (with relevant documentation) are eligible to enter the campus.
- On entry to any area of the campus you will be required to scan the QR code using the PC-COVID app and show the verification, which includes vaccination status, to the security staff on duty.
- Regular work may take place, however please self-monitor to ensure that no more than 50% of any one department are working on campus at any one time.
- 5K measures must be strictly observed while on campus including wearing a mask *at all times* unless eating or drinking.
- Wherever you are on campus, classrooms included, maintain a distance of at least one (1) meter from other faculty staff and students.
- Reception, cleaners, and facilities staff will be on skeleton duty so please make allowances by looking after your own rubbish, turn off your own lights, etc. If there is a facilities-related issue please contact facilitysupport@fulbright.edu.vn.
- Weekly random COVID-19 rapid antigen testing will be performed per office (that is, a random staff member will be chosen by the HR department from each office (L7, L5, L2, FSPPM, etc.) to get a rapid antigen COVID test.



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Student Action Plan if F0 or F1

If you have COVID-19 symptoms (fever, cough, tiredness, chills, loss of taste or smell, shortness of breath):

- Ensure you are wearing a quality mask ((3-ply mask such as a surgical mask, N95 mask, or better) and avoid close contact with anyone else.
- If you are on campus, go to the outdoor lunch area on Level 2.
- Contact the International SOS Assistance Centre (24/7) to get advice either by using the **Assistance App** or calling directly **+(84) 28 3829 8520**.
- Go to a COVID-19 testing facility to get tested. If you are on Campus, staying at the Waterfront or Docklands Residences, go to CarePlus.
- **If you are F0** (have received a positive test for COVID-19), follow the advice received from International SOS, and:
 - Always wear a mask and avoid close contact with anyone else.
 - If you are staying at the Waterfront or Docklands, please contact the RA team at **+(84) 34 797 2250**. They will arrange for you to move to a different apartment for quarantine.
 - Make a list of those people you have had close contact with starting 2 days before the onset of symptoms. See below for a definition of “close contact”.
 - If you are **not** staying at the Waterfront or Docklands, but you have had close contact with other members of the Fulbright community, please quarantine yourself at home and then submit a **OneStop** ticket informing us of your situation and including the list of close contacts in the Fulbright community.

If you have had close contact with a person with COVID-19 (you are F1):

- Contact the International SOS Assistance Centre (24/7) to get advice either by using the **Assistance App** or calling directly **+(84) 28 3829 8520**.
- You will likely be advised to get a COVID-19 test. If you are staying at the Waterfront or Docklands Residences, go to CarePlus. Otherwise use a testing facility near you, or as recommended by International SOS.
- **If you are F0** (have received a positive test for COVID-19), follow the steps above.



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- If you **test negative**, return home or to the Residence and avoid close contact with anyone for 7 days. Do not come to campus. Please submit a **OneStop** ticket informing us of your situation.
- Have an additional COVID-19 test if and when advised by International SOS.

See below for a definition of “close contact”.



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Staff Action Plan if F0 or F1

If you have COVID-19 symptoms (fever, cough, tiredness, chills, loss of taste or smell, shortness of breath):

- Ensure you are wearing a quality mask ((3-ply mask such as a surgical mask, N95 mask, or better) and avoid close contact with anyone else.
- If you are on campus, go to the outdoor lunch area on Level 2.
- Contact the International SOS Assistance Centre (24/7) to get advice either by using the **Assistance App** or calling directly **+(84) 28 3829 8520**.
- Go to a COVID-19 testing facility to get tested. If you are on campus, go to CarePlus.
- **If you are F0** (have received a positive test for COVID-19), follow the advice received from International SOS, and:
 - Always wear a mask and avoid close contact with anyone else.
 - Go home and quarantine yourself. Seek medical help should your symptoms worsen.
 - Make a list of those people you have had close contact with starting 2 days before the onset of symptoms. See below for a definition of “close contact”.
 - Contact your supervisor and inform them of your situation.

If you have had close contact with a person with COVID-19 (you are F1):

- Contact the International SOS Assistance Centre (24/7) to get advice either by using the Assistance App or calling directly **+(84) 28 3829 8520**.
- You will likely be advised to get a COVID-19 test. If you are on campus, go to CarePlus. Otherwise use a testing facility near you, or as recommended by International SOS.
- **If you are F0** (have received a positive test for COVID-19), follow the steps above.
- If you **test negative**, return home and avoid close contact with anyone for 7 days. Do not come to campus. Contact your supervisor and inform them of your situation.
- Have an additional COVID-19 test if and when advised by International SOS.

See below for a definition of “close contact”.



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Definition of Close Contact

According to the US CDC, a close contact is a person who has had any one of the following exposures to a probable or confirmed case from 48 hours prior to the confirmed case having symptoms:

- Contact with an infected person within a distance of 2 meters and a total contact time > 15 minutes (multiple exposures, e.g. three times, 5 minutes each, still count as close contact).
- Contacting an infected person within a distance of less than 1 meter is considered high risk (regardless of contact time).
- Direct contact with the infected person (e.g. hug, shoulder, handshake).
- Direct contact with respiratory secretions of the infected person (coughing, sneezing, tissue with secretions, sharing cups, face towels or other personal hygiene items).
- Working together in close proximity (within 2 metres) or sharing the same classroom environment with a COVID-19 patient.
- Travelling together with a COVID-19 patient in any kind of conveyance.
- Living in the same household as a COVID-19 patient.

